

BJELASICA TRAIL 2026

RACE GUIDE

August 8-9, 2026 | Kolašin, Montenegro

Running through UNESCO-protected nature – Biogradska NP

● 60K ● 40K ● 23K ● 12K



Table of Contents

1. Welcome	p. 3
2. Schedule / Agenda	p. 4
3. Map and Key Locations	p. 5
4. Race Information	p. 6-12
5. Mandatory Equipment	p. 13
6. Race Rules and Race Pack	p. 14
7. Useful Links and Contact	p. 15

1. Welcome to Bjelasica Trail 2026



Bjelasica Trail is more than a race — it is an adventure through one of the most beautiful mountain regions in Europe. Nestled in the heart of Montenegro, Mount Bjelasica conceals pristine forests, glacial lakes and peaks that reach 2,139 metres. Every year, hundreds of runners from around the world come to Kolašin to experience the beauty of these trails.

Four courses of varying difficulty are available — from the swift 12K Orange Trail through the forest, perfect for beginners and families, to the epic 60K Red Trail that passes through Biogradska Gora National Park — one of the last three primeval forests in Europe under UNESCO protection.

We encourage you to embrace the spirit that has always defined this event: enjoy yourself, respect your fellow runners, support those who need it, thank the volunteers, and protect the nature that welcomes you. Mount Bjelasica and Biogradska Gora National Park are a unique and priceless natural treasure — help us preserve them by leaving them exactly as you found them.

We can't wait to welcome you to Kolašin and share another unforgettable adventure in the most beautiful landscapes of Montenegro.

See you at the start line!

2. Event Schedule / Agenda



Friday, August 7, 2026

12:00 - 22:00 Race pack collection for 23K, 40K and 60K — Braća Selić Secondary School, Kolašin

Saturday, August 8, 2026

05:00 Start of 60K Red Trail — Trg boraca, Kolašin

07:00 Start of 40K Green Trail and 23K Blue Trail — Trg boraca, Kolašin

~09:00 Expected arrival of first runners — 23K Blue Trail, Trg boraca

~11:00 Expected arrival of first runners — 40K Green Trail, Trg boraca

~11:30 Expected arrival of first runners — 60K Red Trail, Trg boraca

12:00 - 20:00 Race pack collection for 12K Orange Trail — Braća Selić Secondary School, Kolašin

20:00 Awards ceremony for 23K, 40K and 60K — Cafe Pub SFRJ, Kolašin

Sunday, August 9, 2026

09:00 Start of 12K Orange Trail — Trg boraca, Kolašin

11:30 Kids race start — Trg boraca, Kolašin

12:00 Awards ceremony for 12K Orange Trail — Trg boraca, Kolašin

3. Map / Key Locations

Race base — Kolašin. All key event locations are in the centre of Kolašin, within a few minutes' walk of each other.



1 Trg Boraca
Start / cilj trke

2 Cafe pub SFRJ
Proglašenje pobjednika

3 Srednja škola
Baza trke / startni paketi

Start / Finish

Trg boraca (Lower Square), Kolašin

Bib Collection

Braća Selić Secondary School, 13. jula St. 9 — Aug 7
(23K/40K/60K) & Aug 8 (12K), 12:00–20:00

Awards Ceremony 23K, 40K, 60K

Cafe Pub SFRJ, 4. Proleterske St. 3 — August 8 at 20:00

Awards Ceremony 12K

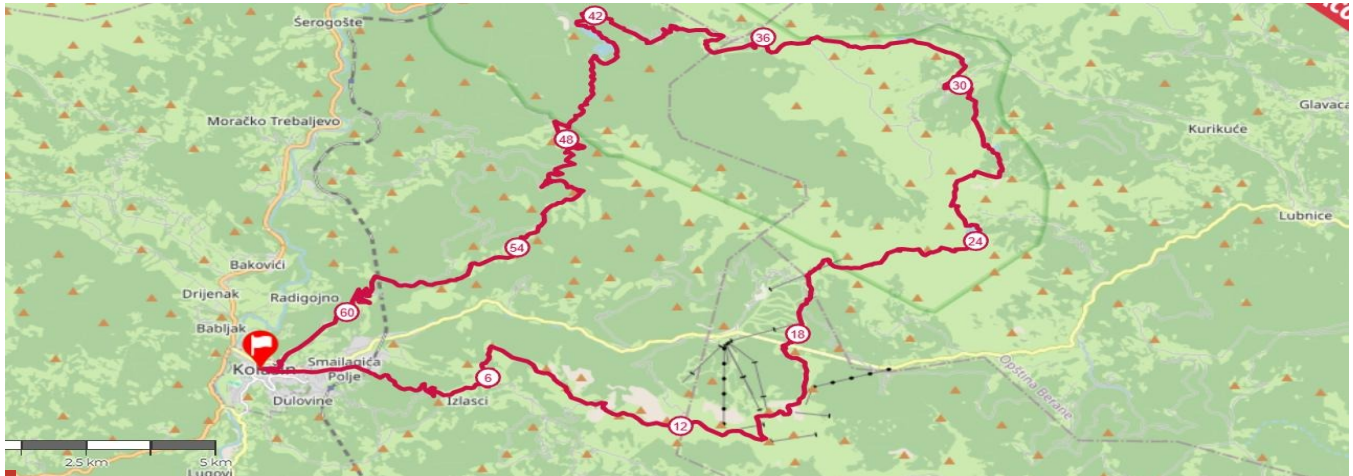
Trg boraca, Kolašin — August 9 at 12:00

4. Race Information



60K Red Trail

60 km ↑ +3,100 m □ 15 h



About the Race

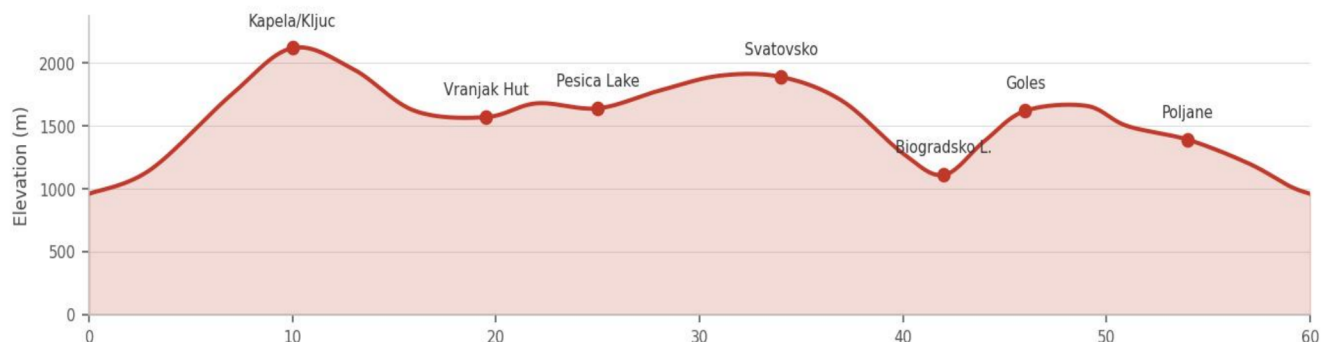
60K Red Trail is the most demanding course at Bjelasica Trail and the ultimate test for any trail runner. The race starts in the centre of Kolašin and, after two kilometres of tarmac, enters the forest on a steep climb. The route continues up to the ridge and summits of Kobilja Glava, Velika Miljevaca and Bikovaca (Kapela/Ključ), where the first aid station is located at km 10. The route then heads towards Vranjak Mountain Hut and Pešića Lake, before continuing to Biogradsko Lake through Biogradska Gora National Park. After the lake comes the final major climb to Goleš — at the Goleš aid station (km 46) a time cut-off of 11 hours (by 16:00) will be enforced. The final 15 km leads downhill to the finish. With 3,100 m of total elevation gain over 60 km, this course demands peak physical fitness and experience. Time limit: 15 hours.

NOTE — the climb to Goleš

The climb to the Goleš checkpoint (km 46) is one of the most demanding sections of the course. Runners of average fitness need around an hour for it from Biogradsko Lake. If you judge that you cannot make it before the 16:00 cut-off, do not begin the climb — stop at the earlier checkpoint at Biogradsko Lake instead, which makes the transport back to the finish easier for everyone.

Elevation Profile

60 km | +3100m | max 2200m



Map and Checkpoints — 60K Red Trail

#	Km	Location / Aid Station	Time Limit
1	0 km	Start <i>Trg boraca, Kolašin</i>	–
2	10 km	Kapela / Ključ <i>Aid Station</i>	–
3	19.5 km	Vranjak Mountain Hut <i>Aid Station</i>	–
4	25 km	Pešića Lake <i>Aid Station</i>	–
5	34 km	Svatovsko groblje <i>Aid Station</i>	–
6	42 km	Biogradsko Lake <i>National Park</i>	–
7	46 km	Katun Goleš <i>Aid Station</i>	11h / 16:00
8	54 km	Poljane <i>Aid Station</i>	–
9	60 km	Finish <i>Trg boraca, Kolašin</i>	15h / 20:00

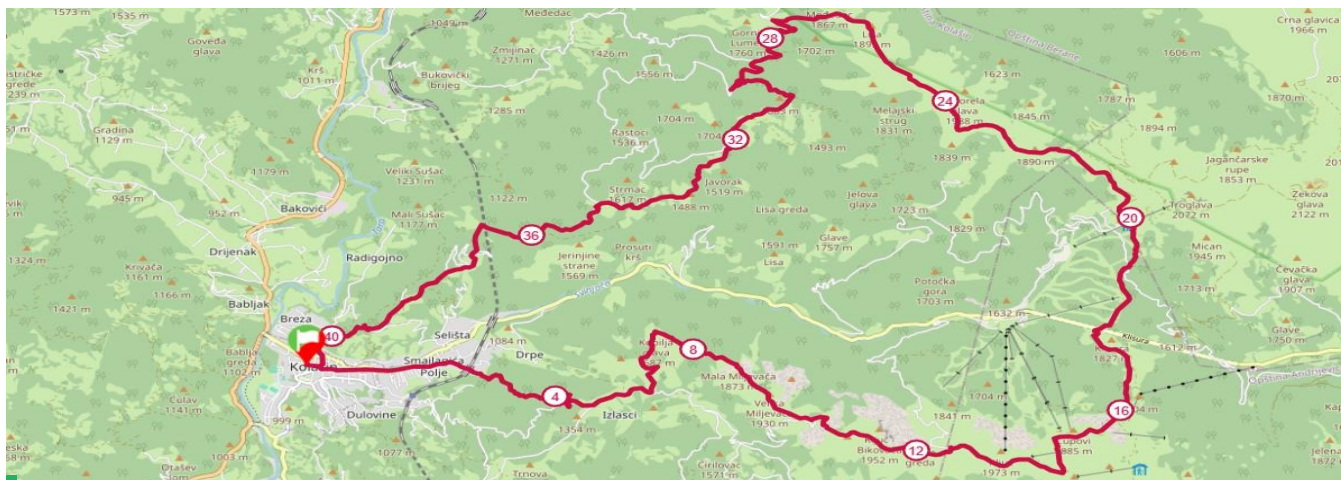


GPX route file available at: www.bjelasicatrail.me/60k



40K Green Trail

40 km ↑ +1,700 m □ 9 h

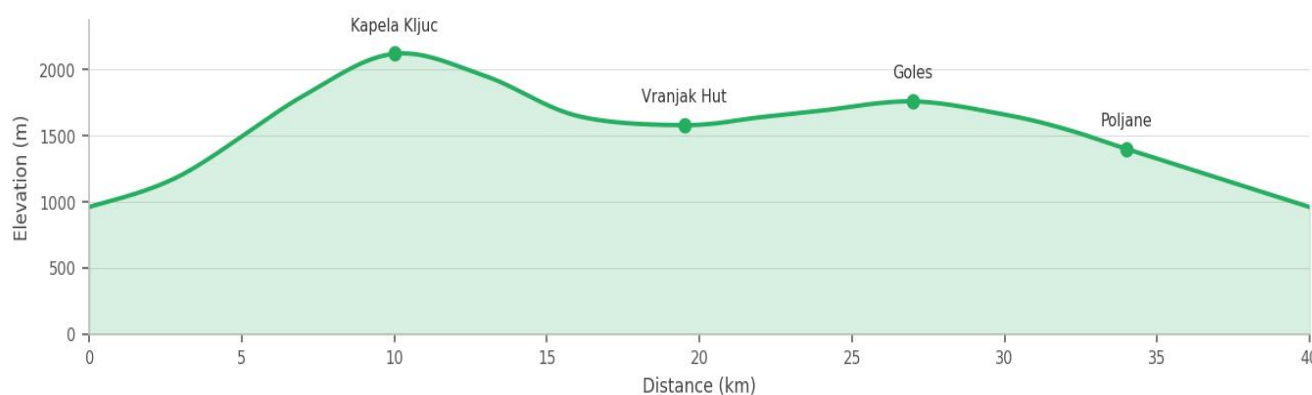


About the Race

40K Green Trail is the course for experienced runners seeking a balance between challenge and enjoyment. The route passes through dense pine forests, open mountain meadows and the highland pastures of Bjelasica. The race starts in Kolašin and, after a short tarmac section, enters the forest on a steep climb up to the ridge (Kapela/Ključ), where the first aid station is located at km 10. The route continues towards Vranjak Mountain Hut and then across the impressive ridge of Ogorjele Glave and Lice towards Goleš. At the Goleš aid station (km 27) a time cut-off of 7 hours (by 14:00) will apply. The final 13 km leads downhill to the finish. With 40 km and approximately +1,700 m of elevation gain, this course demands solid physical fitness. Time limit: 9 hours.

Elevation Profile

40 km | +1700m | max 2200m



Map and Checkpoints — 40K Green Trail

#	Km	Location / Aid Station	Time Limit
1	0 km	Start <i>Trg boraca, Kolašin</i>	–
2	10 km	Kapela / Ključ <i>Aid Station</i>	–
3	19.5 km	Vranjak Mountain Hut <i>Aid Station</i>	–
4	27 km	Katun Goleš <i>Aid Station</i>	7h / 14:00
5	34 km	Poljane <i>Aid Station</i>	–
6	40 km	Finish <i>Trg boraca, Kolašin</i>	9h / 16:00

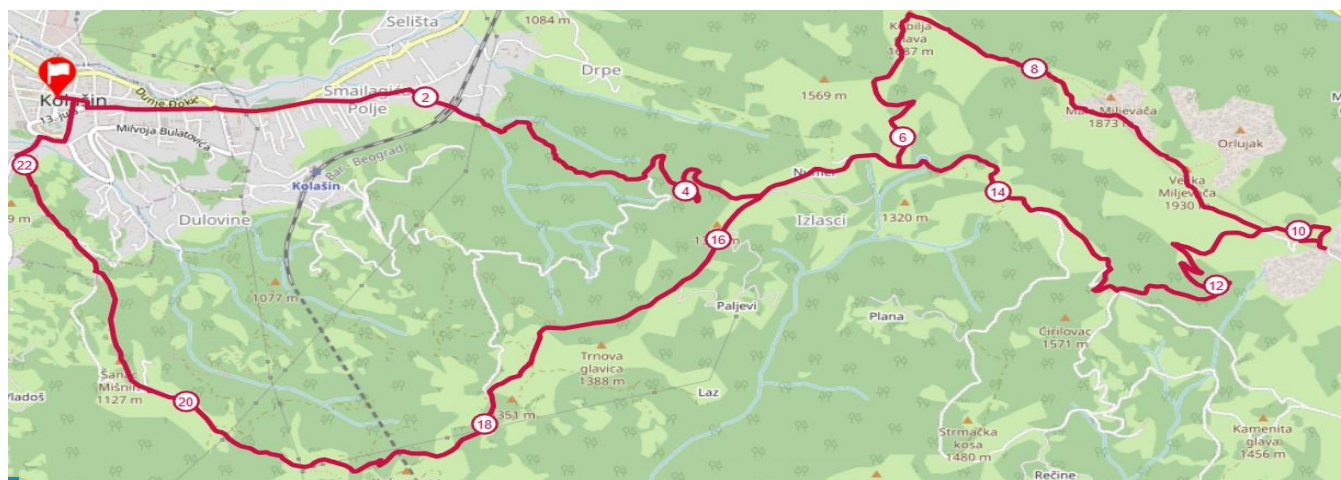


GPX route file available at: www.bjelasicatrail.me/40k



23K Blue Trail

23.2 km ↑ +1,100 m □ 6 h

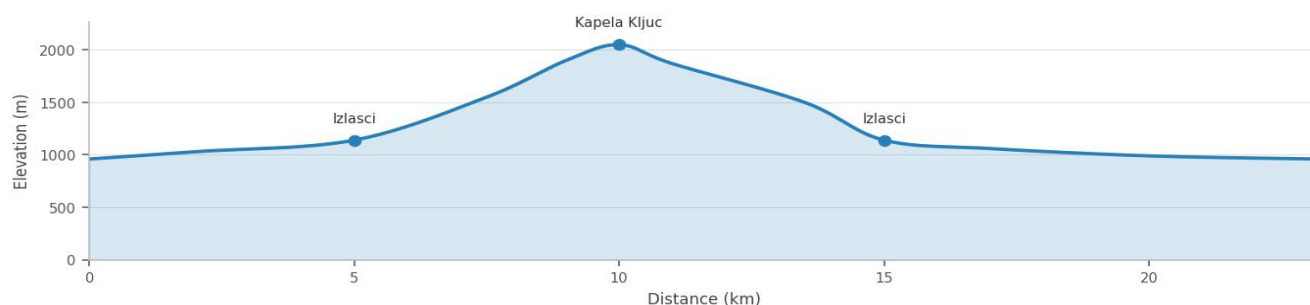


About the Race

23K Blue Trail is the perfect introduction to trail running for those who want to experience real mountain terrain without going ultra-distance. However, don't underestimate it — the first section of this dynamic route is almost entirely uphill, so come well prepared. With 23.2 km and 1,100 m of elevation gain, the course offers everything that makes trail running on Bjelasica special — forest paths, singletrack trails and the stunning Ključ ridge. After the aid station at km 10 near Kapela na Ključu, a fast and runnable descent leads back to the centre of Kolašin. The 6-hour time limit is achievable for anyone who runs regularly or is active outdoors.

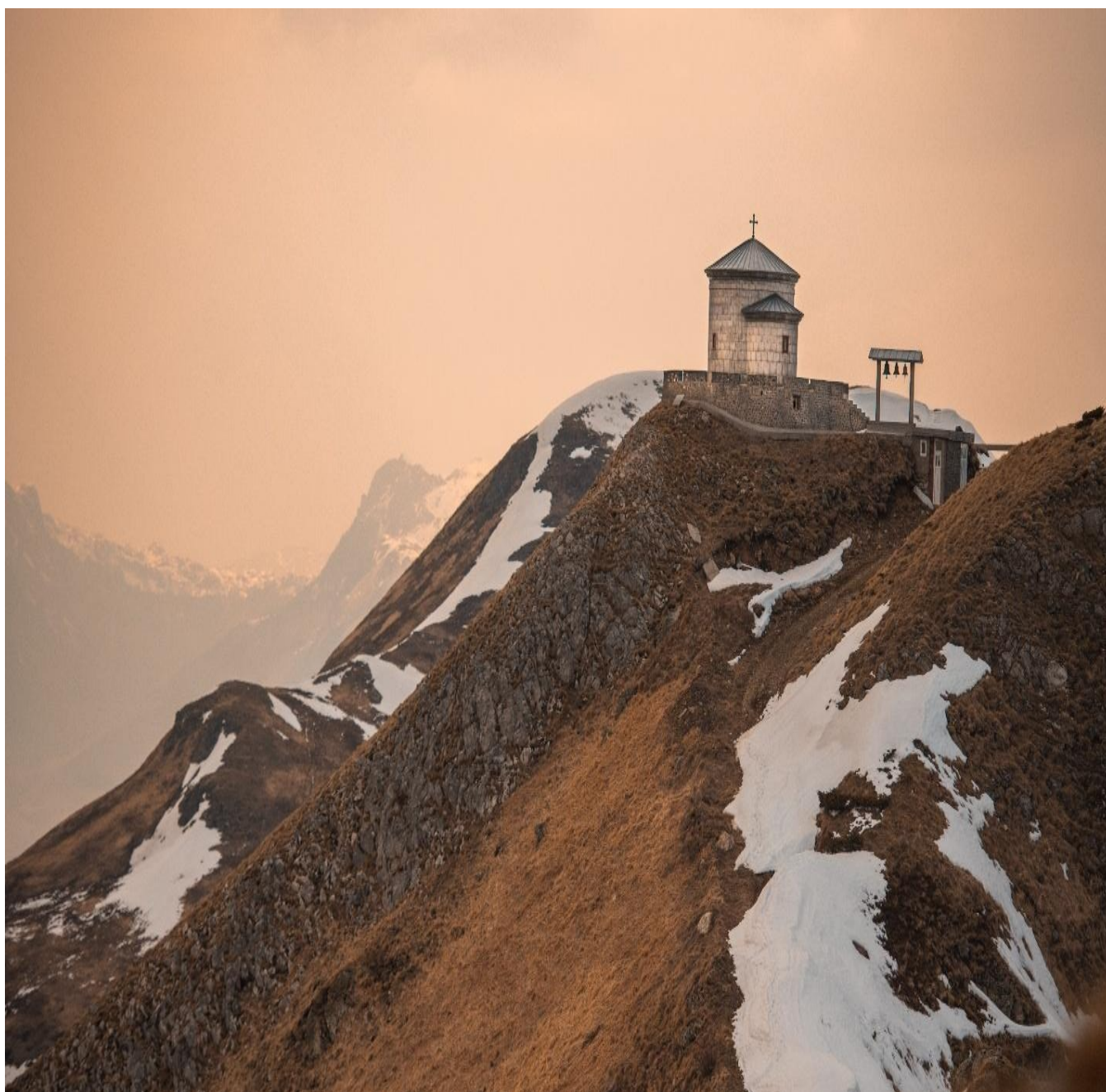
Elevation Profile

23.2 km | +1100m | max 2100m



Map and Checkpoints — 23K Blue Trail

#	Km	Location / Aid Station	Time Limit
1	0 km	Start <i>Trg boraca, Kolašin</i>	–
2	10 km	Kapela/Ključ <i>Aid Station</i>	–
3	15.5. km	Izlasci <i>Aid Station</i>	–
4	23.2 km	Finish <i>Aid Station</i>	– 6h / 13:00

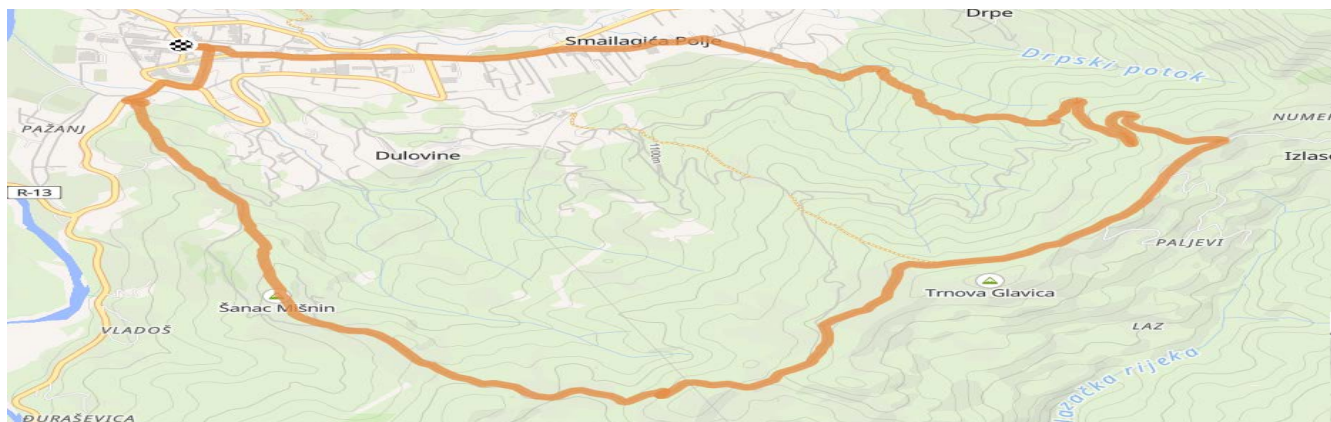


GPX route file available at: www.bjelasicatrail.me/23k



12K Orange Trail

12 km ↑ +430 m □ no limit



About the Race

12K Orange Trail is a race for everyone. No technical obstacles, no time limit — just pure enjoyment running through the most beautiful forest trails around Kolašin. With only 430 m of elevation gain over 12 km, this race is perfect for recreational runners, family outings and anyone who wants to experience the trail atmosphere without pressure. The whole weekend becomes a true trail festival. A race that may not cover many kilometres, but delivers an abundance of smiles, energy and a medal for every finisher.

Elevation Profile

12 km | +430m | max 1400m



Map and Checkpoints — 12K Orange Trail

#	Km	Location / Aid Station	Time Limit
1	0 km	Start Trg boraca, Kolašin	—
2	5 km	Izlasci Aid Station	—
3	12 km	Finish Trg boraca, Kolašin	no limit

5. Mandatory Equipment

Runner safety is the number one priority. All equipment listed below is mandatory throughout the entire race and will be checked at registration and checkpoints. A runner without mandatory equipment will be disqualified.

Equipment	Description	Trails
Mobile phone	Fully charged, active number; switched on throughout the race	All trails
Basic first aid kit	Bandage, plasters, gauze	All trails
Emergency blanket	Thermal foil for emergencies	All trails
Whistle	For emergency signalling	All trails
Race bib (BIB)	Worn visibly throughout the race	All trails
Cup / water vessel	No plastic cups at aid stations!	All trails
Water min. 1L	Flasks or bottles, min. 1 litre	60K • 40K • 23K
Headlamp	With spare batteries	60K only
Waterproof jacket	With hood, waterproof	60K • 40K

Recommended, but not mandatory:

Trekking poles, spare socks, sun protection (SPF 30+), gloves and hat (for 60K and 40K).

IMPORTANT NOTICE

During the race and at the finish (the first 10 competitors, and randomly thereafter) the organizer reserves the right to check competitors' mandatory personal equipment.

For each missing item, competitors will be penalised with additional time — **30 minutes for every missing item!**

A competitor will be **disqualified** if they accumulate more than **90 penalty minutes**, i.e. if more than **3 items** of mandatory equipment are missing.

Bring your own cup / water vessel — you will not be given one at the aid stations!

6. Race Rules and Race Pack

Race Rules

Rules are in place to protect yourself, fellow runners, and the nature you pass through.

- 1 Marked Route**
The route is marked with red-and-white tape, red flags and BUT markers. In some cases these markings coincide with hiking trail markings, in others they do not. Always follow the official race markings. Download the GPX file of your route from bjelasicaatrail.me and save it to your sports device. Runners must stay on the marked route at all times. Taking shortcuts or deviating from the route is not permitted and will result in automatic disqualification.
- 2 Nature Protection**
Littering outside designated areas results in immediate disqualification. Bjelasica is a UNESCO-protected area — we leave it clean.
- 3 Outside Assistance**
Outside assistance is not permitted beyond official aid stations. Runners must be self-sufficient between checkpoints.
- 4 Safety**
The organizer reserves the right to suspend the race or modify the route in the event of adverse weather conditions or unforeseen circumstances.
- 5 Checkpoints**
Runners who do not reach checkpoints within the set time limit will be withdrawn from the race for their own safety.
- 6 Medical Assistance**
Medical personnel are present at all checkpoints. In the event of a health issue, immediately notify the organizers or medical staff.
- 7 Traffic**
On sections of the route that pass along roads, traffic rules must be observed and runners must keep to the side.

Race Pack and Awards

Item	Description
Race bib	Personalised race bib with chip timing
Refreshments	Food, drinks and fruit at all checkpoints
T-shirt / gift	For 60K, 40K and 23K participants who register by July 10
Medal	For every runner who crosses the finish line
Medical support	Professional medical team at all checkpoints
Chip timing	Official results with electronic time measurement
Awards	Prizes for Top 3 in each category

Race Pack Contents by Race

60K

Windbreaker, socks, bib
wristband, tote bag, tea packet

40K

Backpack, t-shirt, bib
wristband, tote bag, tea packet

23K

T-shirt, socks, bib
wristband, tote bag, tea packet

12K

T-shirt, bib
wristband, tote bag

7. Useful Links and Contact

Resource	Link / Info
GPX tracks	Available on each race page at bjelasicatrail.me
Accommodation	www.kolasin.travel Booking.com Airbnb
Race rules	bjelasicatrail.me/pravila-i-placanje
Registration	bjelasicatrail.me/registracija

Contact and Support

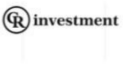
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